Arkansas Intergroup Overeaters Anonymous #09138
PO Box 250074, Little Rock, AR 72225
OAArkansas1@gmail.com
http://OA-arkansas.org
Intergroup meets the 2nd Saturday of odd months at 11:00am

Zoom: https://us02web.zoom.us/j/81721660486?pwd=VndaMmU2Z1ZQdlVXZmppYkhYTFg4UT09
Meeting ID: 817 2166 0486 Passcode: 443369

MONDAY

In-Person Meeting **Monday 10:15am #56626** *Center for Nonprofits* 1200 W Walnut St, Rogers, AR 72758 OPEN (Topic) Contact: Carol 479-531-0084 northcutt56@cox.net	Virtual Meeting (Zoom) **Monday 5:30pm #800448** **Miracles on Monday** OPEN (Big Book) Contact: Tina S. 417-619-1799 tina4healthy@gmail.com	

TUESDAY and WEDNESDAY

In-Person Meeting **Tuesday 12:10pm #58105** *Trinity Episcopal Cathedral* 310 W 17th St, Little Rock, AR 72206 OPEN (OA/AA Steps & Traditions) Feel free to bring lunch. Support animals welcome. Contact: Marti H. 501-221-9925 martihaslauer@gmail.com	Virtual Meeting (Zoom) **Tuesday 6:00pm #801524** **Eastside Group** OPEN (OA Steps & Traditions) Contact: Toni 479-719-1682 12TDW25@gmail.com	In-Person Meeting **Wednesday 4:00pm #802382** **The Club @ Springhill** CLOSED (Rotating Literature) 675 U.S. 65, Greenbrier, AR Contact: Lauren W 831-521-2935 peacefulfrog419@gmail.com

THURSDAY

In-Person Meeting **Thursday 2:00pm #56532** *Redeemer Lutheran Church* 312 North St, Rm D, Mountain Home, AR 72653 CLOSED (OA Steps & Traditions Study) Contact: Tom C. 312-203-1411 tomshort@prodigy.net	In-Person Meeting **Thursday 6:00pm #52354** *First United Methodist Church* 206 W Johnson Ave, Room W114, Springdale, AR 72764 OPEN Contact: Teresa P. 479-409-4187 teresapichoff@gmail.com	Hybrid Meeting (In-Person & Zoom) **Thursday 6:00pm #39283** **Eastside Group** *St. Bartholomew's Episcopal Church* 2701 Old Greenwood Rd, Fort Smith, AR 72903 OPEN (AA Big Book) Contact: Toni 479-719-1682 12TDW25@gmail.com

SATURDAY

Hybrid Meeting (In-Person & Zoom) **SOS: Serenity on Saturday** **Saturday 10am #20506** *St. Mark's Episcopal Church* 1000 N Mississippi St, Little Rock, AR 72207 OPEN (Lifeline Sampler) Contact: Michelle D. 501-580-6120 mdquark@gmail.com	In-Person Meeting **Alano Club** **Saturday 9:30am #00035** *Alano Club of Fayetteville* 568 W Sycamore St, Fayetteville, AR 72701 OPEN Contact: Rebecca M. 479-966-7043 mcelhannonrebecca@gmail.com

OA Region 8: http://oaregion8.org OA World Service Office: http://oa.org or 505-891-2664