**Arkansas Intergroup Overeaters Anonymous #09138**
PO Box 250074, Little Rock, AR 72225
OAArkansas1@gmail.com
http://OA-arkansas.org

*Intergroup meets the 2nd Saturday of odd months at 11:00am*

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

**MONDAY**

In-Person Meeting

**Monday 10:15am #56626**
*Center for Nonprofits*
1200 W Walnut St, Rogers, AR 72758
OPEN (Topic)
Contact: Carol 479-531-0084
northcutt56@cox.net

Virtual Meeting (Zoom)

**Monday 5:30pm #800448**
**Miracles on Monday**
OPEN (Big Book)
Contact: Tina S. 417-619-1799
tina4healthy@gmail.com

**TUESDAY and WEDNESDAY**

In-Person Meeting

**Tuesday 12:10pm #58105**
*Trinity Episcopal Cathedral*
310 W 17th St, Little Rock, AR 72206
OPEN (OA/AA Steps & Traditions)
Feel free to bring lunch. Support animals welcome.
Contact: Marti H. 501-221-9925
martihaslauer@gmail.com

Virtual Meeting (Zoom)

**Tuesday 6:00pm #801524**
**Eastside Group**
OPEN (OA Steps & Traditions)
Contact: Toni 479-719-1682
12TDW25@gmail.com

In-Person Meeting

**Wednesday 4:00pm #802382**
**The Club @ Springhill**
CLOSED (Rotating Literature)
675 U.S. 65, Greenbrier, AR
Contact: Lauren W 831-521-2935
peacefulfrog419@gmail.com

**THURSDAY**

In-Person Meeting

**Thursday 2:00pm #56532**
*Redeemer Lutheran Church*
312 North St, Rm D, Mountain Home, AR 72653
CLOSED (OA Steps & Traditions Study)
Contact: Tom C. 312-203-1411
tomshort@prodigy.net

In-Person Meeting

**Thursday 6:00pm #52354**
*First United Methodist Church*
206 W Johnson Ave, Room W114, Springdale, AR 72764
OPEN
Contact: Teresa P. 479-409-4187
teresapichoff@gmail.com

Hybrid Meeting (In-Person & Zoom)
**Thursday 6:00pm #39283**
**Eastside Group**
*St. Bartholomew's Episcopal Church*
2701 Old Greenwood Rd, Fort Smith, AR 72903
OPEN (AA Big Book)
Contact: Toni 479-719-1682
12TDW25@gmail.com

**SATURDAY**

Hybrid Meeting (In-Person & Zoom)

**SOS: Serenity on Saturday**
**Saturday 10am #20506**
*St. Mark's Episcopal Church*
1000 N Mississippi St, Little Rock, AR 72207
OPEN (Overeaters Anonymous 3rd Edition)
Contact: Michelle D. 501-580-6120
mdquark@gmail.com

In-Person Meeting

**Alano Club**
**Saturday 9:30am #00035**
*Alano Club of Fayetteville*
568 W Sycamore St, Fayetteville, AR 72701
OPEN
Contact: Rebecca M. 479-966-7043
mcelhannonrebecca@gmail.com

OA Region 8: http://oaregion8.org  OA World Service Office: http://oa.org or 505-891-2664