

CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138

PO Box 250074, Little Rock, AR 72225

CAIOAIntergroup@gmail.com<http://OA-arkansas.org>*Intergroup meets the 2nd Saturday of odd months at 11:00am*

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

MONDAY

In-Person Meeting

Monday 10:15am #56626*Center for Nonprofits*

1200 W Walnut St, Rogers, AR 72758

OPEN (Topic)

Contact: Carol 479-531-0084

northcutt56@cox.net

Virtual Meeting (Zoom)

Monday 5:30pm #800448**Miracles on Monday**

OPEN (OA Steps & Traditions)

Contact: Tina S. 417-619-1799

tina4healthy@gmail.com**TUESDAY**

In-Person Meeting

Midday Miracles 12:10pm #58105*Trinity Episcopal Cathedral*

310 W 17th St, Little Rock, AR 72206

OPEN (OA12&12, AA12&12)

Contact: Marti H. 501-221-9925

marthaslauer@gmail.com

Virtual Meeting (Zoom)

Tuesday 6:00pm #801524**Eastside Group**

OPEN (OA Steps & Traditions)

Contact: Toni 479-719-1682

12TDW25@gmail.com**THURSDAY**

In-Person Meeting

Thursday 2:00pm #56532*Redeemer Lutheran Church*

312 North St, Rm D, Mountain Home, AR 72653

CLOSED (OA Steps & Traditions Study)

Contact: Tom C. 312-203-1411

tomshort@prodigy.net

In-Person Meeting

Thursday 6:00pm #52354*First United Methodist Church*

206 W Johnson Ave, Room

W114, Springdale, AR 72764

OPEN

Contact: Teresa P. 479-409-4187

teresapichoff@gmail.com

Hybrid Meeting (In-Person & Zoom)

Thursday 6:00pm #39283**Eastside Group***Central Presbyterian Church*

2901 Rogers Ave, Fort Smith, AR 72901

OPEN (AA Big Book)

Contact: Toni 479-719-1682

12TDW25@gmail.com**SATURDAY**

Hybrid Meeting (In-Person & Zoom)

SOS: Serenity on Saturday**Saturday 10am #20506***St. Mark's Episcopal Church*

1000 N Mississippi St, Little Rock, AR 72207

OPEN (Overeaters Anonymous 3rd Edition)

Contact: Michelle D. 501-406-5102

mdquark@gmail.com

In-Person Meeting

Alano Club**Saturday 9:30am #00035***Alano Club of Fayetteville*

568 W Sycamore St, Fayetteville, AR 72701

OPEN

Contact: Rebecca M. 479-966-7043

mcelhannonrebecca@gmail.comOA Region 8: <http://oaregion8.org>OA World Service Office: <http://oa.org> or 505-891-266