

CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138

PO Box 250074

Little Rock, AR 72225

CAIOAIntergroup@gmail.com

<http://OA-arkansas.org>

Intergroup meets the 2nd Saturday of odd months at 11:00am

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

Little Rock Hybrid using Zoom

SOS: Serenity on **Saturday** #20506

St. Mark's Episcopal Church

1000 N Mississippi at Evergreen

10am OPEN (Overeaters Anonymous 3rd Edition)

Contact: Denise K 501-406-5102

oaneecee37@gmail.com

Rep =

Virtual Meeting Zoom

Monday 5:30pm #800448

OPEN (OA 12&12 + Abstinence 2nd Edition)

Contact: Tina S 417-619-1799

tina4healthy@gmail.com

Rep = Michelle D

Virtual Meeting Zoom

Sunday 3pm #800447

NEWCOMERS (Voices of Recovery)

Contact: Bea K 501-765-0197

bmkimba424@gmail.com

Rep = Bea K

Virtual Meeting Zoom

Tuesday 6:30pm #89697

OPEN (Discussion)

Contact: Susanna C. 626-676-7191

susanna.creed@gmail.com

Rep = Denise M

Virtual Meeting Zoom

Thursday 6:30pm

OPEN (AA Big Book)

Contact:

OA Region 8: <http://oaregion8.org>
OA World Service Office: <http://oa.org> 505-891-2664

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