

CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138

PO Box 250074, Little Rock, AR 72225

CAIOAIntergroup@gmail.com<http://OA-arkansas.org>*Intergroup meets the 2nd Saturday of odd months at 11:00am*

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

MONDAY

In-Person Meeting Monday 10:15am #56626 <i>Center for Nonprofits</i> 1200 W Walnut St, Rogers, AR 72758 OPEN (Topic) Contact: Carol 479-531-0084 northcutt56@cox.net	Virtual Meeting (Zoom) Monday 5:30pm #800448 Miracles on Monday OPEN (Abstinence 2nd Edition) Contact: Tina S. 417-619-1799 tina4healthy@gmail.com	In-Person Meeting Monday 6:00pm #57863 <i>Downtown Church of Christ</i> 900 North Main St, Searcy, AR 72143 OPEN (Literature) Contact: Amy P. 901-484-4783 oasearcy@gmail.com
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TUESDAY

In-Person Meeting Tuesday 12:10pm #58105 <i>Trinity Episcopal Cathedral</i> 310 W 17th St, Little Rock, AR 72206 OPEN (OA/AA Steps & Traditions) Feel free to bring lunch. Support animals welcome. Contact: Marti H. 501-221-9925 martihaslauer@gmail.com	Virtual Meeting (Zoom) Tuesday 6:00pm #801524 Eastside Group OPEN (OA Steps & Traditions) Contact: Toni 479-719-1682 12TDW25@gmail.com	
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THURSDAY

In-Person Meeting Thursday 2:00pm #56532 <i>Redeemer Lutheran Church</i> 312 North St, Rm D, Mountain Home, AR 72653 CLOSED (OA Steps & Traditions Study) Contact: Tom C. 312-203-1411 tomshort@prodigy.net	In-Person Meeting Thursday 6:00pm #52354 <i>First United Methodist Church</i> 206 W Johnson Ave, Room W114, Springdale, AR 72764 OPEN Contact: Teresa P. 479-409-4187 teresapichoff@gmail.com	Hybrid Meeting (In-Person & Zoom) Thursday 6:00pm #39283 Eastside Group <i>St. Bartholomew's Episcopal Church</i> 2701 Old Greenwood Rd, Fort Smith, AR 72903 OPEN (AA Big Book) Contact: Toni 479-719-1682 12TDW25@gmail.com
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SATURDAY

Hybrid Meeting (In-Person & Zoom) SOS: Serenity on Saturday Saturday 10am #20506 <i>St. Mark's Episcopal Church</i> 1000 N Mississippi St, Little Rock, AR 72207 OPEN (Overeaters Anonymous 3rd Edition) Contact: Michelle D. 501-580-6120 mdquark@gmail.com	In-Person Meeting Alano Club Saturday 9:30am #00035 <i>Alano Club of Fayetteville</i> 568 W Sycamore St, Fayetteville, AR 72701 OPEN Contact: Rebecca M. 479-966-7043 mcelhannonrebecca@gmail.com
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OA Region 8: <http://oaregion8.org> OA World Service Office: <http://oa.org> or 505-891-2664