

**CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138**

PO Box 250074, Little Rock, AR 72225

[CAIOAIntergroup@gmail.com](mailto:CAIOAIntergroup@gmail.com)

<http://OA-arkansas.org>

*Intergroup meets the 2nd Saturday of odd months at 11:00am*

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

MONDAY		
<p>In-Person Meeting</p> <p><b>Monday 10:15am #56626</b> <i>Center for Nonprofits</i> 1200 W Walnut St, Rogers, AR 72758 OPEN (Topic) Contact: Carol 479-531-0084 <a href="mailto:northcutt56@cox.net">northcutt56@cox.net</a></p>	<p>Virtual Meeting (Zoom)</p> <p><b>Monday 5:30pm #800448</b> <b>Miracles on Monday</b> OPEN (OA Steps &amp; Traditions) Contact: Tina S. 417-619-1799 <a href="mailto:tina4healthy@gmail.com">tina4healthy@gmail.com</a></p>	<p>In-Person Meeting</p> <p><b>Monday 6:00pm #57863</b> <i>Downtown Church of Christ</i> 900 North Main St, Searcy, AR 72143 OPEN (Topic) Contact: Amy P. 901-484-4783 <a href="mailto:oasearcy@gmail.com">oasearcy@gmail.com</a></p>
TUESDAY		
<p>In-Person Meeting</p> <p><b>Tuesday 12pm #58105</b> <i>Trinity Episcopal Cathedral</i> 310 W 17th St, Little Rock, AR 72206 OPEN (Step Study) Contact: Marti H. 501-221-9925 <a href="mailto:martihaslauer@gmail.com">martihaslauer@gmail.com</a></p>	<p>Virtual Meeting (Zoom)</p> <p><b>Tuesday 6:00pm #801524</b> <b>Eastside Group</b> OPEN (OA Steps &amp; Traditions) Contact: Toni 479-719-1682 <a href="mailto:12TDW25@gmail.com">12TDW25@gmail.com</a></p>	
THURSDAY		
<p>In-Person Meeting</p> <p><b>Thursday 2:00pm #56532</b> <i>Redeemer Lutheran Church</i> 312 North St, Rm D, Mountain Home, AR 72653 CLOSED (OA Steps &amp; Traditions Study) Contact: Tom C. 312-203-1411 <a href="mailto:tomshort@prodiqy.net">tomshort@prodiqy.net</a></p>	<p>In-Person Meeting</p> <p><b>Thursday 6:00pm #52354</b> <i>First United Methodist Church</i> 206 W Johnson Ave, Room W114, Springdale, AR 72764 OPEN Contact: Teresa P. 479-409-4187 <a href="mailto:teresapinchoff@gmail.com">teresapinchoff@gmail.com</a></p>	<p>Hybrid Meeting (In-Person &amp; Zoom)</p> <p><b>Thursday 6:00pm #39283</b> <b>Eastside Group</b> <i>Central Presbyterian Church</i> 2901 Rogers Ave, Fort Smith, AR 72901 OPEN (AA Big Book) Contact: Toni 479-719-1682 <a href="mailto:12TDW25@gmail.com">12TDW25@gmail.com</a></p>
SATURDAY		
<p>Hybrid Meeting (In-Person &amp; Zoom)</p> <p><b>SOS: Serenity on Saturday</b> <b>Saturday 10am #20506</b> <i>St. Mark's Episcopal Church</i> 1000 N Mississippi St, Little Rock, AR 72207 OPEN (Overeaters Anonymous 3rd Edition) Contact: Michelle D. 501-406-5102 <a href="mailto:mdquark@gmail.com">mdquark@gmail.com</a></p>	<p>In-Person Meeting</p> <p><b>Alano Club</b> <b>Saturday 9:30am #00035</b> <i>Alano Club of Fayetteville</i> 568 W Sycamore St, Fayetteville, AR 72701 OPEN Contact: Rebecca M. 479-966-7043 <a href="mailto:mcelhannonrebecca@gmail.com">mcelhannonrebecca@gmail.com</a></p>	

OA Region 8: <http://oaregion8.org>

OA World Service Office: <http://oa.org> or 505-891-266