

CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138

PO Box 250074, Little Rock, AR 72225

CAIOAIntergroup@gmail.com

<http://OA-arkansas.org>

Intergroup meets the 2nd Saturday of odd months at 11:00am

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

MONDAYS

Monday 10:15am #56626

In-Person Meeting

Center for Nonprofits

1200 W Walnut St, Rogers, AR 72758

OPEN (Topic)

Contact: Carol 479-531-0084

northcutt56@cox.net

Monday 5:30pm #800448

Virtual Meeting (Zoom)

Miracles on Monday

OPEN (OA Steps & Traditions)

Contact: Tina S. 417-619-1799

tina4healthy@gmail.com

Monday 6:00pm #57863

In-Person Meeting

Downtown Church of Christ

900 North Main St, Searcy, AR 72143

OPEN (Topic)

Contact: Amy P. 901-484-4783

oasearcy@gmail.com

TUESDAYS

Tuesday 12pm #58105

In-Person Meeting

Trinity Episcopal Cathedral

310 W 17th St, Little Rock, AR 72206

OPEN (Step Study)

Contact: Marti H. 501-221-9925

martihaslauer@gmail.com

Tuesday 6:00pm #801524

Virtual Meeting (Zoom)

Eastside Group

OPEN (OA Steps & Traditions)

Contact: Toni 479-719-1682

12TDW25@gmail.com

THURSDAYS

Thursday 2:00pm #56532

In-Person Meeting

Redeemer Lutheran Church

312 North St, Rm D, Mountain Home, AR 72653

CLOSED (OA Steps & Traditions Study)

Contact: Tom C. 312-203-1411

tomshort@prodigy.net

Thursday 5:30pm #800649

Virtual Meeting (Zoom)

OPEN (Big Book)

Contact: Lauren W. 831-521-2935

peacefulfrog419@aol.com

Thursday 6:00pm #52354

In-Person Meeting

First United Methodist Church

206 W Johnson Ave, Room W114, Springdale, AR 72764

OPEN

Contact: Teresa P. 479-409-4187

teresapinchoff@gmail.com

Thursday 6:00pm #39283

Hybrid Meeting (In-Person & Zoom)

Eastside Group: Central Presbyterian Church

2901 Rogers Ave, Fort Smith, AR 72901

OPEN (AA Big Book)

Contact: Toni 479-719-1682

12TDW25@gmail.com

SATURDAYS

Saturday 10am #20506

Hybrid Meeting (In-Person & Zoom)

SOS: Serenity on Saturday: St. Mark's Episcopal Church

1000 N Mississippi St, Little Rock, AR 72207

OPEN (Overeaters Anonymous 3rd Edition)

Contact: Michelle D. 501-406-5102

mdquark@gmail.com

Saturday 9:30am #00035

In-Person Meeting

Alano Club of Fayetteville

568 W Sycamore St, Fayetteville, AR 72701

OPEN

Contact: Rebecca M. 479-966-7043

mcelhannonrebecca@gmail.com