

**CAIOA: Central Arkansas Intergroup Overeaters Anonymous #09138**

PO Box 250074, Little Rock, AR 72225

[CAIOAIntergroup@gmail.com](mailto:CAIOAIntergroup@gmail.com)

<http://OA-arkansas.org>

*Intergroup meets the 2nd Saturday of odd months at 11:00am*

PLEASE CALL, TEXT, OR EMAIL THE CONTACT PERSON FOR ZOOM LOGIN INFORMATION

**MONDAY**

In-Person Meeting

**Monday 10:15am #56626**

*Center for Nonprofits*

1200 W Walnut St, Rogers, AR 72758

OPEN (Topic)

Contact: Carol 479-531-0084

[northcutt56@cox.net](mailto:northcutt56@cox.net)

Virtual Meeting (Zoom)

**Monday 5:30pm #800448**

**Miracles on Monday**

OPEN (OA Steps & Traditions)

Contact: Tina S. 417-619-1799

[tina4healthy@gmail.com](mailto:tina4healthy@gmail.com)

In-Person Meeting

**Monday 6:00pm #57863**

*Downtown Church of Christ*

900 North Main St, Searcy, AR 72143

OPEN (Literature)

Contact: Amy P. 901-484-4783

[oasearcy@gmail.com](mailto:oasearcy@gmail.com)

**TUESDAY**

In-Person Meeting

**Tuesday 12:10pm #58105**

*Trinity Episcopal Cathedral*

310 W 17th St, Little Rock, AR 72206

OPEN (Step Study)

Contact: Marti H. 501-221-9925

[martihaslauer@gmail.com](mailto:martihaslauer@gmail.com)

Virtual Meeting (Zoom)

**Tuesday 6:00pm #801524**

**Eastside Group**

OPEN (OA Steps & Traditions)

Contact: Toni 479-719-1682

[12TDW25@gmail.com](mailto:12TDW25@gmail.com)

**THURSDAY**

In-Person Meeting

**Thursday 2:00pm #56532**

*Redeemer Lutheran Church*

312 North St, Rm D, Mountain Home,

AR 72653

CLOSED (OA Steps & Traditions Study)

Contact: Tom C. 312-203-1411

[tomshort@prodiqy.net](mailto:tomshort@prodiqy.net)

In-Person Meeting

**Thursday 6:00pm #52354**

*First United Methodist Church*

206 W Johnson Ave, Room

W114, Springdale, AR 72764

OPEN

Contact: Teresa P. 479-409-4187

[teresapinchoff@gmail.com](mailto:teresapinchoff@gmail.com)

Hybrid Meeting (In-Person & Zoom)

**Thursday 6:00pm #39283**

**Eastside Group**

*Central Presbyterian Church*

2901 Rogers Ave, Fort Smith, AR 72901

OPEN (AA Big Book)

Contact: Toni 479-719-1682

[12TDW25@gmail.com](mailto:12TDW25@gmail.com)

**SATURDAY**

Hybrid Meeting (In-Person & Zoom)

**SOS: Serenity on Saturday**

**Saturday 10am #20506**

*St. Mark's Episcopal Church*

1000 N Mississippi St, Little Rock, AR 72207

OPEN (Overeaters Anonymous 3rd Edition)

Contact: Michelle D. 501-406-5102

[mdquark@gmail.com](mailto:mdquark@gmail.com)

In-Person Meeting

**Alano Club**

**Saturday 9:30am #00035**

*Alano Club of Fayetteville*

568 W Sycamore St, Fayetteville, AR 72701

OPEN

Contact: Rebecca M. 479-966-7043

[mcelhannonrebecca@gmail.com](mailto:mcelhannonrebecca@gmail.com)

OA Region 8: <http://oaregion8.org>  
OA World Service Office: <http://oa.org> or 505-891-266